

Sunday

Monday

Tuesday

Wednesday




Thursday

Friday

Saturday

March 2023

Lake Ridge Assisted Living

			<p>9:30 Weights/ Stretching- LR 1</p> <p>11:15 Boogie Walk-Hallway 1:00 Monthly Gazette- LR</p> <p>2:30 Bingo- DR.</p>	<p>10:00 Kay on piano- LR 2</p> <p>11:15 Boogie walk- Hallway</p> <p>2:00 Coffee social- DR</p> <p>3:00 Volley balloon- LR</p>	<p>9:30 Catholic Communion- PR 3</p> <p>10:00 Bible Reading- DR</p> <p>11:15 Boogie walk- Hallway 1:00 Parachute- LR 2:30 Bingo- DR Double coin day!</p>	<p>2:00 Kick Ball- LR 4</p>
<p>10:00 Church services- FC 5</p>	<p>9:30 Fancy Nails- WR 6 Sign up 11:15 Boogie walk- Hallway</p> <p>1:00 Prayer team-LR</p> <p>3:30 Music and Motion seasons- LR</p> <p><small>Purim Begins</small></p>	<p>9:30 Exercise/ Trivia- LR 7</p> <p>11:00 bible study- PR</p> <p>11:15 boogie walk- hallway</p> <p>1:00 Sing Along- LR 2:00 coffee social – DR 3:00 Kick ball- LR</p>	<p>9:30 –Walmart Outing- Sign up 8</p> <p>11:15 Boogie Walk-Hallway</p> <p>1:00 Food council- DR</p> <p>2:30 Bingo- DR</p>	<p>10:00 Exercise – LR 9</p> <p>11:15 Boogie walk- Hallway</p> <p>2:00 Coffee social</p> <p>3:00 Bowling- FC Win coins</p>	<p>Wear Bright colors 10</p> <p>9:30 Catholic Communion- PR</p> <p>10:00 Bible reading- DR 11:15 Boogie walk- hallway 1:00 Hulu hoop contest, Limbo, -LR 2:00 Bingo- DR Double coin day</p>	<p>2:00 Snowball Toss- LR 11</p>
<p>10:00 Church services- FC 12</p>  <p><small>Daylight Saving Time Begins</small></p>	<p>11:15 Boogie walk- Hallway 13</p> <p>1:00 Prayer team-LR</p>	<p>9:30 Exercise/ Trivia- LR 14</p> <p>11:00 Bible study- PR 11:15 Boogie walk- Hallway 1:00 Sing Along- LR 2:00 Coffee social LR 3:00 Basketball- LR Win coins</p>	<p>9:30 – Weights/ stretching- LR 15</p> <p>11:15 Boogie Walk-Hallway</p> <p>1:00 Shopping at Tammy Mart -WR</p> <p>2:30 Bingo- DR</p>	<p>9:30 Exercise- LR 16</p> <p>10:00 Kay on piano- LR</p> <p>11:15 Boogie walk- Hallway</p> <p>2:00 Coffee social- DR 3:00 Noodle hockey-LR</p>	<p>9:30 Catholic Mass- FC 17</p> <p>10:00 Bible reading- DR 11:15 Boogie walk- hallway 2:00 Birthday Party/Shamrock shakes, Entertainment</p>  <p><small>Patrick's Day</small></p>	<p>2:00 Ball Toss- LR 18</p>
<p>10:00 Church services- FC 19</p>	<p>9:30 Fancy Nails- WR 20 Sign up 11:15 Boogie walk- Hallway</p> <p>1:00 Prayer team-LR</p> <p>3:30 Music and Motion Oldies- LR</p> <p><small>Spring Begins</small></p>	<p>9:30 Exercise/ Trivia 21</p> <p>11:00 Bible study- PR 11:15 Boogie walk- hallway 1:00 Sing along- LR 2:00 coffee social- DR</p> <p>3:00 Wheel of Fortune- DR Win coins</p>	<p>9:30 Weights/ stretching- LR 22</p> <p>11:15 Boogie Walk-Hallway</p> <p>1:00 Yahtzee- DR</p> <p>2:30 Bingo- DR</p> <p><small>Ramadan Begins</small></p>	<p>Puppy / kitty day 23</p> <p>10:00 Exercise- LR</p> <p>11:15 Boogie walk- Hallway 2:00 Coffee social- DR Reminisce of pets/ Bring pictures 3:00 funny puppy kitty videos- LR</p>	<p>9:30 Catholic Communion- PR 24</p> <p>10:00 Bible reading- DR</p> <p>11:15 Boogie walk- hallway 1:00 Fruity Friday- LR</p> <p>2:30 Bingo- DR Double coin day</p>	<p>2:00 Volley Balloon- LR 25</p>
<p>10:00 Church services- FC 26</p>	<p>9:30 Fancy Nails- WR 27 Sign up 11:15 Boogie walk- Hallway</p> <p>1:00 Prayer team-LR</p> <p>2:30 Cherry blossom painting- DR</p>	<p>9:30 Exercise- LR 28</p> <p>11:00 Bible study- PR</p> <p>11:15 Boogie walk- Hallway 1:00 Sing along- LR 2:00 coffee social 2:30 Bake Dump cake- DR</p>	<p>9:30 Johnny Cash Tribute Community center outing Sign up 29</p> <p>11:15 Boogie Walk-Hallway</p> <p>2:30 Bingo- DR</p>	<p>Base Ball cap day! 30</p> <p>9:30 Exercise- LR</p> <p>11:15 Boogie walk- Hallway 1:00 Jeopardy Baseball trivia 3:00 Baseball Game- LR</p> 	<p>9:30 Catholic Communion- PR 31</p> <p>10:00 Bible reading- DR</p> <p>11:15 Boogie walk- hallway</p> <p>2:30 Bingo- DR Double coin day</p>	<p>March Birthday's</p> <p>Barb C- 3/2 Gerald B- 3/20 Darlene E 3/21 Medallion Hunt for every week of the month.</p>