










Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>9:30 Church service- FC.</p>	 <p>New Year's Day</p>	<p>1 10:00 Exercise- LR 11:00 Bible study- PR 1:00 Sing Along- LR 2:30 Making Coffee filter Snowflakes -DR</p> 	<p>2 9:30 Walmart Outing- Sign up</p> <p>1:30 Sleep Facts Tips and tricks -LR</p> <p>2:30 Bingo- DR</p>	<p>3 10:00 Kay on piano- LR 1:30 Gratitude group- DR 2:30 Wheel Of Fortune-DR Win coins and prizes</p> 	<p>4 9:30 Catholic Communion- PR 10:15 Bible Reading- PR 2:30 Bingo- Double coin day DR</p>	<p>5 10:00 Bingo with Judy- DR 6</p>
<p>9:30 Church service- FC.</p>	<p>7 Beauty shop Fancy Nails Sign up 1:00 Prayer Team 3:00 Music and motion- LR 6:00 Movie Night- LR</p>	<p>8 10:00 Exercise- LR 11:00 Bible study- PR 1:00 Sing along- LR 2:30 January Birthday Party Music with Manny –FC</p> 	<p>9 10:00 Weight lifting- LR 1:30 Making jewelry- DR 2:30 Elvis Bingo- DR</p> 	<p>10 9:30 Craige on – Piano 1:30 Gratitude Group- DR 2:30 Elvis Movie- Big Screen Popcorn/ pop FC</p>	<p>11 9:30 Catholic Communion PR 10:30 Exercise- LR 1:30 Food council- DR 2:30 Bingo – Double coin day DR</p>	<p>10:00 Bingo with Judy - DR 13</p>
<p>9:30 Church service- FC.</p>	<p>14 Beauty shop Fancy Nails Sign up 1:00 Prayer Team 2:30 Strawberry Ice cream Social- DR</p> <p>Martin Luther King Jr. Day</p>	<p>15 10:00 Noodle Ball- LR 1:00 Sing along- LR 2:30 Roll in movie – FC “ Miracle” 6:00 Service of remembrance-FC</p>	<p>16 10:00 Weight lifting- LR 1:00 Shopping Mart- WR 2:30 Bingo- DR Double coin day</p>	<p>17 10:00 Kay on piano- LR 2:30 Marcus the Magic Show -FC</p> 	<p>18 9:30 Catholic Mass - FC 1:30 Basketball- LR Win coins 2:30 Travel Group- PR</p>	<p>20</p>
<p>9:30 Church service- FC.</p>	<p>21 Beauty shop Fancy Nails/ pedicures Sign up 1:00 Prayer Team 2:00 Slide show- Sharing memories of 2023! DR</p> <p>Activity Professionals Week</p>	<p>22 National Pie Day 10:00 Music and motion- LR 1:00 Sing along- LR 2:30 Making mini pies-FC Pie / coffee social- FC</p> 	<p>23 9:30 Craige on piano- LR 1:30 Parachute Exercise Win coins– LR 2:30 Bingo- DR</p> <p>Tu B'Shevat Begins</p>	<p>24 10:00 Noodle hockey- LR 1:30 Gratitude Group- DR 2:30 Penny Ante- Win coins LR</p>	<p>25 9:30 Catholic communion 10:15 Bible Reading- PR 12:00 Men' Lunch – PR 2:30 Bingo- DR Double coin day</p>  <p>Australian Style (Served)</p>	<p>10:00 Bingo with Judy- DR 27</p>
<p>9:30 Church service- FC.</p>	<p>28 Beauty shop Fancy Nails Sign up 1:00 Prayer Team 3:00 Music and motion- LR</p>	<p>29 10:00 Price is Right-PR 1:00 Sing along - LR 2:30 Bowling- LR</p> 	<p>30 9:30 Frank senatra – Community center- sign up 2:30 Bingo - DR</p>	<h1>January 2024</h1> <p>Lake Ridge Assisted Living</p>		